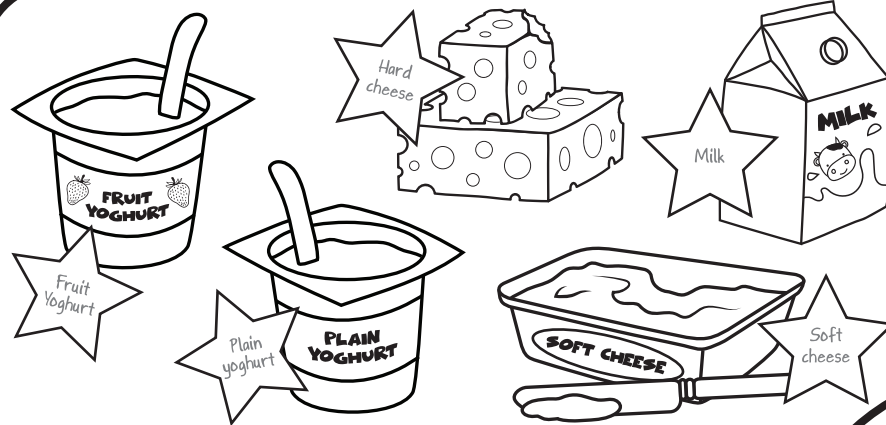
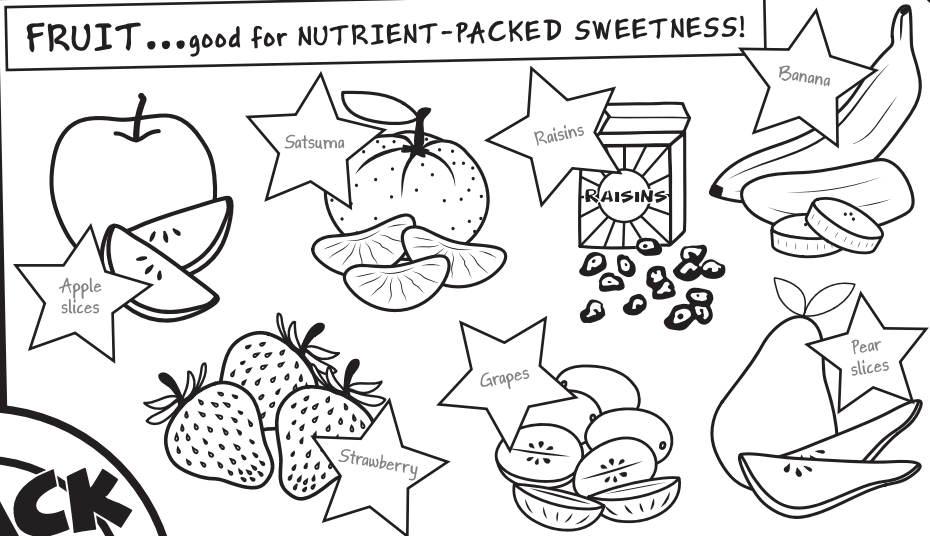


HOW BALANCED ARE YOUR SNACKS? HOW MANY DIFFERENT KINDS DO YOU EAT? COLOUR IN THE ONES YOU LIKE OR ADD STAR STICKERS. THEN WHY NOT TRY SOMETHING NEW... SEE IF YOU CAN COLLECT THEM ALL!

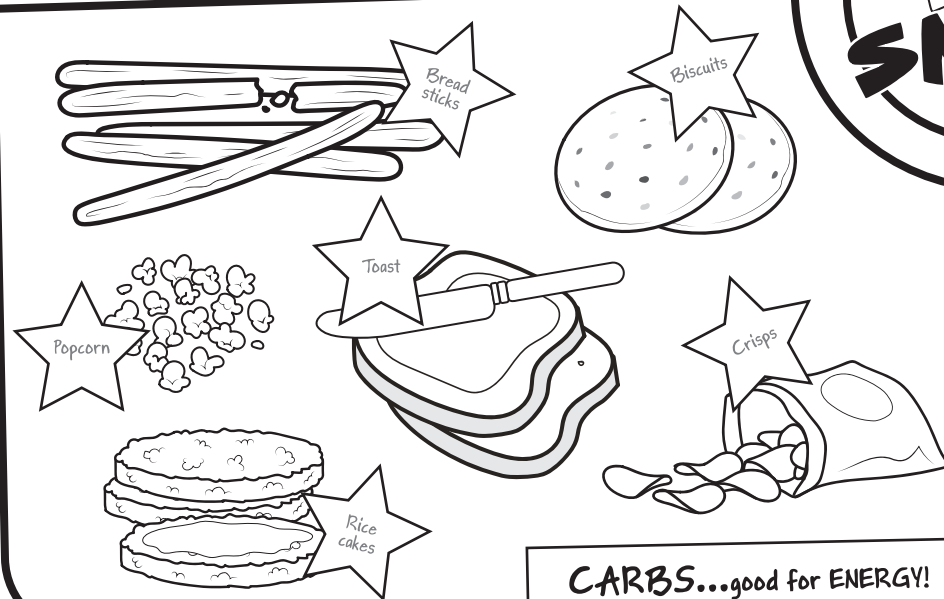


DAIRY...good for STRONG BONES!

FRUIT...good for NUTRIENT-PACKED SWEETNESS!

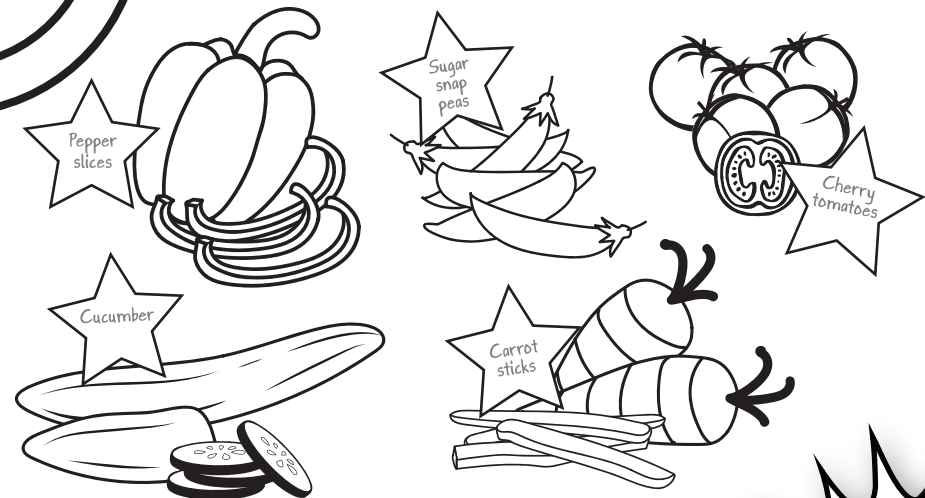


**ATTACK
THE
SNACK**



CARBS...good for ENERGY!

VEG...good for a STRONG BODY!



**SCAN THIS QR CODE FOR EXPERT
ADVICE AND SNACK-TIME SUPPORT.**

Small changes = big wins!



VEGPOWER